

## Norway rent report - Q2 2026

Question: Where are the lowest published rents in Norway right now?

Updated: 2026-04-01

Coverage: 181 covered rows; 25 published rows

Distribution: p10 14.5, median 16.2, p90 18, min 13, max 21.5

Methodology: Uses the current Norway rent pack. Only publishable city-level rent rows are included. The report ranks the 25 cheapest rows while the distribution block shows the broader covered range.

Press summary: As of 2026-04-01, the cheapest published rent row in the current Norway pack is in Sarpsborg, while the current median across covered rows is EUR16.20/ m2.

Reuse: Media may reuse the chart or ranking with attribution to MigrationFit and the linked official source rows.

HTML: <https://migrationfit.com/reports/no/rent-2026-q2/>

JSON: <https://migrationfit.com/data/reports/no-rent-2026-q2.json>

CSV: <https://migrationfit.com/data/reports/no-rent-2026-q2.csv>

PDF: <https://migrationfit.com/data/reports/no-rent-2026-q2.pdf>

### Ranked rows

1. Sarpsborg | EUR13.00 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>

2. Halden | EUR13.50 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

3. Råde | EUR13.50 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

4. Indre Østfold | EUR13.50 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

5. Rakkestad | EUR13.50 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

6. Skien | EUR13.50 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>

7. Tvedestrand | EUR14.00 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>

8. Bodø | EUR14.00 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>
9. Moss | EUR14.00 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>
10. Fredrikstad | EUR14.00 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>
11. Horten | EUR14.50 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>
12. Holmestrand | EUR14.50 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>
13. Tjønsberg | EUR14.50 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>
14. Sandefjord | EUR14.50 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>
15. Larvik | EUR14.50 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>
16. Færevik | EUR14.50 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>
17. Tromsø | EUR14.50 / m2 | Norway  
Note: Published rent per square metre  
Updated: 2026-04-01  
Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>
18. Harstad | EUR14.50 / m2 | Norway  
Secondary: Harstad - Hæresttæk  
Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

19. Målselv | EUR14.50 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

20. Senja | EUR14.50 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

21. Balsfjord | EUR14.50 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

22. Sandnes | EUR15.00 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | A | <https://eiendommorge.no/boligprisstatistikk/>

23. Risør | EUR15.00 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

24. Grimstad | EUR15.00 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>

25. Arendal | EUR15.00 / m2 | Norway

Note: Published rent per square metre

Updated: 2026-04-01

Sources: Eiendom Norge | 2026-04-01 | B | <https://eiendommorge.no/boligprisstatistikk/>